Alex	Personal: Drop down below 220 pounds
	SMART: Exercise and eat healthy until I go from 315.4 lbs to 205 lbs. before
	2023.
	Educational: Graduate high school without repeating another year SMART: Graduate from high school by 2022 with an average grade of B.
	Professional: Get a career in graphic design
	SMART: Start an online company selling logo ideas and custom work to buyers.
Angelica	Personal: Be healthier
	SMART: Eat healthier for a week and drink fruit smoothies.
	Educational: Graduate high school
	SMART: Graduate high school by June 2020 with a gpa of 4.0 or higher.
	Professional: Working with my aunts in their store
	SMART: Work with my aunts in their store for 50 pesos a week.
Elizabeth	Personal: Buy my car
	SMART: Buy a car by February 2020.
	Educational: Graduate
	SMART: Graduate high school in 2021.
	Professional: Look into the military
	SMART: Possibly join the military after high school.